

# Haemovigilance and Blood Donation

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# Haemovigilance and Blood Donation

- Events related to the donation
- Events related to handling and management of donor and donor data

# Issues of importance for security of donor and patient

Donation      Frequency (men, women)

Kind (WB, aferese, platelets, plasma)

Administrative handling of data related to donor

Information obtained

Identity, donation number, donor file

Laboratory methods

Validity, occurrence of abnormal results

Haemoglobin

Markers of infectious diseases

# Good Donor Practice (GDP)

Service from blood facility

- |                     |                      |
|---------------------|----------------------|
| ■ Distance          | Close to the donor   |
| ■ Opening hours     | Convenient           |
| ■ Transportation    | Possible             |
| ■ Communication     | Kind                 |
| ■ Food and beverage | Offered deliberately |

# Good Donor Practice (GDP)

## Education of donor

- Importance of blood supply
- Use of donated blood
- Donation procedure
  - Risk
    - Explain each step
    - Kinds, occurrence
  - Symptoms
    - kind, tell staff
  - Prophylaxis
    - Sleep, drink & Eat
    - Car driving
    - work post donation

# Good Donor Practice (GDP)

## Education of donor

- Donor questionnaire      why  
   how to fill in  
   importance
- Testing of donor blood      Interpretation of results
- Donor rights      To say no at any step  
                                 To be informed  
                                 To be anonymous

# Good Donor Practice (GDP)

## Risk management

- Treatment      Blood Centre responsible
- Insurance      Cover all expenses
- Prophylaxis      Iron deficiency  
                                 Hb control  
                                 Supplemental iron
- Donor education
- Quality Control of risk

# DATA

- Single unit
- Manual technique



# **Working Group on Donor Vigilance**

Definition of categories and severity

Data on incidence

# Complications Related to Blood Donation

Incidence Per 100,000	Vasovagal reactions	Haematoma	Nerve Injury	Total
Newman (immediatly)	2100	324	16	2440
Newman (3 weeks)	6400	1700	900	9000

# Donor Complications

(Incidence: cases per 100,000 WB donations)

General symptoms	Incidence
Vasovagal reaction	500
Local symptoms (needle injuries)	
Haematoma	250
Nerve injury	50
Any kind even very mild	800

# Severe Complications

- Some complications related to blood donation have a severe outcome with symptoms for more than a year after donation
- Incidence of 7 per 100,000 procedures
- Especially nerve injuries with paraesthesiae

Aagaard B, Samuelsen B, Jorgensen J et al. Vox Sang (2004) 87 (suppl 3) Abstract M12.03)

# National Data on Severe Complications (Standard version 2007)

Incidence Per 100,000	Vasovagal reaction	Haematoma	Nerve injury	Total
Denmark	7	1	11	18
England	9	3	2	14
France	5	1	0.4	6
Japan	5	2	3	10

## Donor Complications (DK)

Incidence	V V R	Local injury
Symptoms	500	305
Symptoms > 1 year	0.2	5
All cases	500	300

# Nerve Injuries: Symptoms

- Pressure from a haematoma

Constant pain (more often)

Pain when arm was moved

initial phase (only)

Diminished function

later phase (only)

- Direct nerve injury

radiating pain (only)

# Donor Vigilance

Results



# Vasovagal Reactions

- Most common complication
- Most cases are mild
- Long term morbidity especially in delayed fainting
- Delayed reaction more common in females
- Fluid ( $\frac{1}{2}$  liter)

# Results of blood donor vigilance (first 4 years)

- Standard for collecting and presentation of data including
  - internationally accepted and used definitions of categories and severity
  - Code for categories
- National data on the occurrence of complications based on the standard
- Detection of category specific symptoms

# Results of blood donor vigilance (first 4 years)

- Vasovagal reaction

Is the most common complication

Very few are real severe

Most often caused by delayed syncope accident

Prophylaxis

Drink water just before bleeding

Delayed reactions are more common females

# Results of blood donor vigilance (first 4 years)

- Nerve injuries

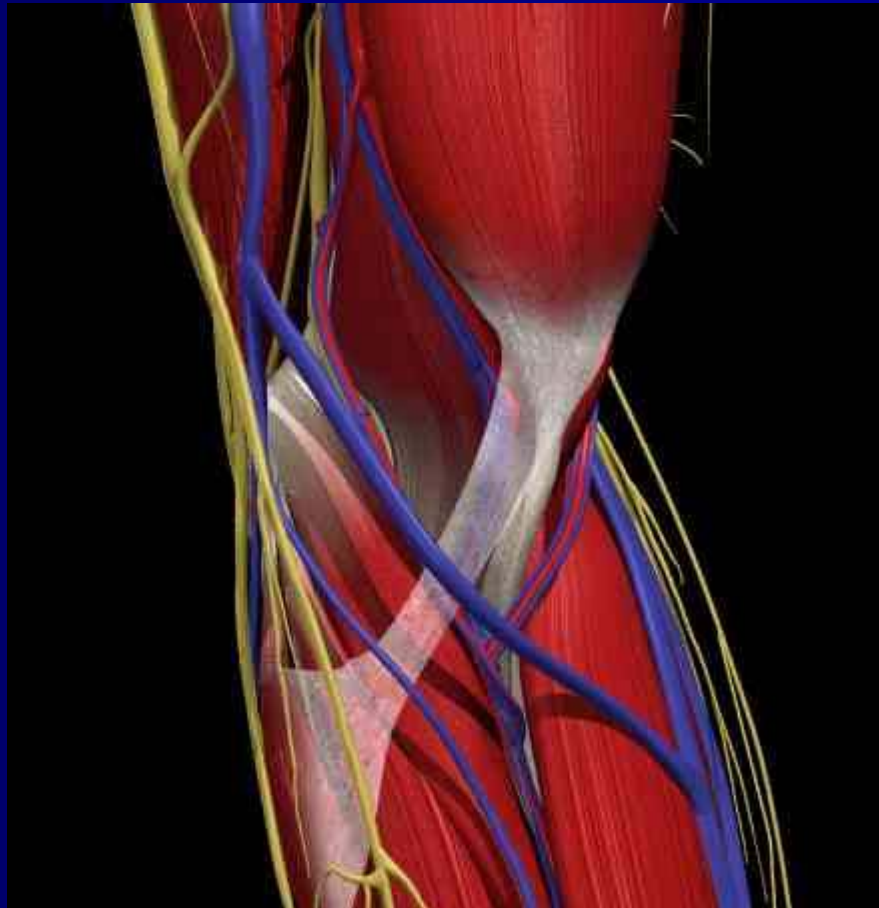
Is not a common reaction

However, most complications with symptoms >1 year are nerve injuries

Standard operational procedure on needle insertion is very often not follow

Cases with a complicated needle insertion occur more often in cases with nerve injuries and long lasting symptoms

# Elbow (left)



# Haemovigilance in Transfusion Medicine

Introduction of Haemovigilance in Transfusion Medicine has shown that the most important and dangerous complications

- patients are transfused with an incorrect blood component
- donors are injured with an iatrogenic injury of a local nerve

Both of these are caused by malpractice of procedures described in existing standard operational procedures

